



## **Guidelines for Neurostimulator**

### **Clinic Manual**

Neurostimulator is a small, discreet device which is applied behind a patient's ear. Once installed Neurostimulator provides a steady current of low frequency electrical impulse to specific targeted nerve endings located in the outer ear to relieve specific types of pain. Neurostimulator is FDA approved for the treatment of:

- Back pain
- Sciatica
- Cervical pain
- Arthritic and joint pain
- Fibromyalgia
- Zoster related pain
- Cancer pain
- Depression and insomnia
- Other neuropathies

### **Application**

The doctor uses the pointer to locate the first of the three stimulation points. When the pointer locates one of the points, the electrical resistance changes, causing the illuminated ring to light up and an acoustic alarm to sound. The doctor marks this point with a positioning plaster previously picked up with the pointer. Then he repeats the procedure until all three points are located and marked. Only now does the doctor pick up the needles and place them in position.

The neurostimulator is activated by removing the self-adhesive foils from the batteries and snapping the cap onto the device. The device itself is fixed underneath the ear with the integrated self-adhesive electrode. The wires from the



device are connected to the needles simply by snapping conductive plastic rings over the needle heads.

## **Treatment Protocols**

### **Neurostimulator**

#### **Week One**

Clinical Assessment  
Back Pain Index\*  
Application of Neurostimulator

#### **Week Four**

Clinical Assessment  
Application of Neurostimulator  
Back Pain Index\*

#### **Week Seven**

Clinical Assessment  
Application of Neurostimulator  
Back Pain Index\*

\* This is the FOA that I recommend, and if you don't use this one you need to have a way of tracking the patients progress that is not pain related.

### **Neurostimulator**

#### **Week One**

Clinical Assessment  
99212 or 99213 established patient  
Application of Neurostimulator  
L8679 1 unit (if the clinic chooses)

#### **Week Four**

Clinical Assessment



99212 or 99213 established patient

Application of Neurostimulator

L8679      1 unit (if the clinic chooses)

Week Seven

Clinical Assessment

99212 or 99213 established patient

Application of Neurostimulator

L8679      1 unit (if the clinic chooses)