



SIGNAL HEALTH GROUP ONE PLACE FOR ALL YOUR HEALTH CARE NEEDS

- **PERSONAL CARE**
- **SKILLED CARE**
- **HOSPICE CARE**
- **WELLNESS & MENTAL HEALTH**

COMPASSIONATE
CARE **RIGHT ON TIME,**
RIGHT WHERE YOU NEED IT

AT HOME



ABOUT US

SIGNAL HEALTH GROUP

We are a respected provider of medical and non-medical care for seniors and other loved ones needing assistance to remain in the privacy and comfort of their own homes. We prioritize their overall wellness and are at their service 24/7, finding solutions to any health issues that they might have. We provide full comprehensive care services including personal care, home health, hospice care, and wellness & mental health services.

Our company's core principles are **Honesty, Integrity, Teamwork, Passion, and Caring Customer Service.**



Signal Health Group
provides care

24/7 days a week, 365 days a year

SERVICES

PERSONAL CARE

Whether you are seeking a little extra help with simple household tasks or needing more intensive care for a loved one, Signal Health Group is a trusted provider with a compassionate and committed staff for all your needs. Our staff is carefully selected based on a rigorous hiring process with extensive background checks and required prior work experience and skills. Patients can have the utmost confidence they are with a staff that is knowledgeable and committed to giving you the best care.

YOU CAN HAVE **TRUST** IN YOUR SIGNAL HOME CARE **PROFESSIONAL.**



SERVICES

PERSONAL CARE

HOMEMAKING & GENERAL HEALTH / WELLNESS

Signal Health Group Homemakers maintain a safe and comfortable home environment, while our personal care attendants provide hands-on care to assist with activities of daily living. These services include, but are not limited to:

HOMEMAKING

- Light Housekeeping
- Meal Preparation
- Changing Bed Linen
- Pet Care
- Laundry and Ironing
- Vacuuming & Mopping
- Dishwashing
- Plant Care

GENERAL HEALTH / WELLNESS

- Assist with Walking
(such as moving from bed to chair)
- Assist with Transfers
- Feeding Assistance
- Incontinence Care
- Bathing
- Grooming
- Dressing
- Assist with Medication Management

PAYING FOR HOME CARE

Private Insurance | Medicaid | VA Benefits | Private Pay | LT Insurance | Work Comp

SERVICES

SKILLED CARE

Our dedicated staff comes from diverse backgrounds and brings enormous wealth of experience in providing medical services. Signal prides itself on having a dedicated staff in a range of disciplines to provide many core services commonly found in hospitals and health care facilities. Our focus is to provide the care for patients in their most comfortable environment... **HOME.**

Our team includes:

- Skilled Nurses
- Home Health Aides
- Physical Therapists
- Speech Therapists
- Occupational Therapists
- Medical Social Workers



HOME HEALTH CARE BENEFITS THOSE WHO WOULD LIKE TO **HEAL AT HOME** RATHER THAN IN A HOSPITAL OR FACILITY, IF POSSIBLE.

People that would benefit from home health include:

- Individual returning home after surgery
- Managing a chronic condition (e.g. Diabetes)
- Recovering from an illness or injury
- Adapting to a new disability

Benefits of Home Health include:

- Helps prevent re-hospitalization
- Postpone institutionalization
- Decrease ER visits...etc
- Custom Plan of Care

SERVICES

SKILLED CARE

SIGNAL HOME HEALTH CARE OFFERS A VARIETY OF SERVICES TO MEET YOUR HOME HEALTH NEEDS.



**These include,
but are not limited to:**

- Wound Care
- Post-Surgical Care
- IV Therapy
- Skilled Observation & Assessment
- Chronic Disease Management (e.g. Diabetes, COPD/CAO, HTN, Parkinson)
- Pain Management
- Telehealth Monitoring
- Ostomy and Tracheostomy Care
- Medication Teaching and Management
- Caregiver and Patient Management
- Orthopedic Rehabilitation
- Post-Stroke Rehabilitation (Neurologic Improvement)
- Cardiac Rehabilitation
- Fall Injury Prevention
- Assistance with Activities of Daily Living

QUALIFYING FOR HOME HEALTH CARE

To qualify for home health services, you must have a medical need for the skilled services of a nurse or therapist and meet the definition of homebound. This simply means that leaving the home requires taxing effort and that you leave the home infrequently and for short durations. You can be temporarily homebound due to illness or injury.

Your doctor must order home health services. **You must have seen your doctor within 60 days of the start of home care, or 30 days after the start date of home care.**

PAYING FOR HOME CARE

Private Insurance | Medicaid | VA Benefits | Private Pay | Medicare | Work Comp

SERVICES

HOSPICE CARE

WHAT IS HOSPICE CARE?

Hospice care is a specialized care that focuses on supporting you and your loved ones during an advanced illness. The emphasis is on comfort and quality of life rather than finding a cure. Hospice care enables you to live each day to the fullest as comfortably and dignified as possible.

It's all about providing comfort with quality of life.



The hospice team develops a care plan that meets each patient's individual needs for pain management and symptom control. The team usually consists of:

- The person receiving care
- The person's family/caregiver
- The person's personal physician and/or hospice physician (or medical director)
- Nurses and Home health aides
- Social workers
- Counselors and spiritual caregivers
- Trained volunteers

Our hospice care staff are available on-call 24 hours a day, seven days a week to provide additional care or services as needed. Other professional therapists such as speech, physical and occupational serves as the primary caregiver and, when appropriate, helps make decisions for the terminally ill individuals.

WHEN IS IT TIME FOR HOSPICE?

It is time for hospice when a person is ready to focus on living fully at the end of his or her life. Many patients are referred too late to benefit fully from all the services offered through hospice. Generally, it is time for hospice when patient is expected to live six months or less. SHG Hospice suggests erring on the side of earlier access. If in doubt, call SHG Hospice to discuss your personal situation.

SERVICES

HOSPICE CARE

WHAT ARE THE **BENEFITS OF HOSPICE?**

The SHG Hospice team's overwhelming goal is to see patients live with dignity and quality.

Common Hospice services include:

- Assessing all physical symptoms related to the illness such as pain, nausea, anxiety, fatigue, or shortness of breath.
- As our staff lives in the same county to make sure on-call availability to meet the needs of both patients and families.
- Helping them to navigate through end-of-life decisions, such as advance directives, do-not-resuscitate orders, or funeral planning by creating customized plans to achieve patient's & family's goals with dignity and peace.
- Addressing emotional, spiritual, & social aspects of coping with a serious illness. Honoring specific customs of all ethnic cultural, & religious backgrounds. Memorializing the patient's life through journaling.
- Providing bereavement support for family.

WHO PAYS FOR HOSPICE CARE?

Medicare pays 100% of allowable charges from SHG Hospice, including charges for medications, durable medical equipment, medical supplies, respite care, and inpatient care related to the hospice diagnosis. Most private insurance plans also offer hospice coverage. SHG Hospice will work with the patient and family to resolve financial concerns.

WHO IS **ELIGIBLE FOR HOSPICE?**

There is no such age or disease restrictions for hospice.

Many people misunderstand and associate hospice with cancer. But the fact is only half of hospice patients have any disease like cancer; end-stage lung, kidney or liver disease; Alzheimer's, ALS or heart disease; in a life-limiting phase.

Further more, patients experiencing serious multi-symptom decline involving severe cases of poor nutrition, weight loss, inactivity, and mental impairment (also referred to as "failure to thrive") are also eligible for hospice care.

PAYING FOR HOME CARE

Private Insurance | Medicaid | VA Benefits | Private Pay | Medicare | Work Comp

SERVICES

WELLNESS & MENTAL HEALTH

Healthcare providers, patients, and their family members face daily stresses and anxiety. We believe we can make a difference by offering a holistic wellness program tailored to your mental and physical well-being.

The Signal Health Wellness and Mental health program combine mental health assistance, exercise, nutrition, Meals-Ready-Serve and so much more!

Besides a workout program and nutrition, you also get access to physical therapy content for common pain and discomfort such as back and knee pain. Signal Health also brings mental health support to you via the web and mobile apps from our Mental Health Support Professional!

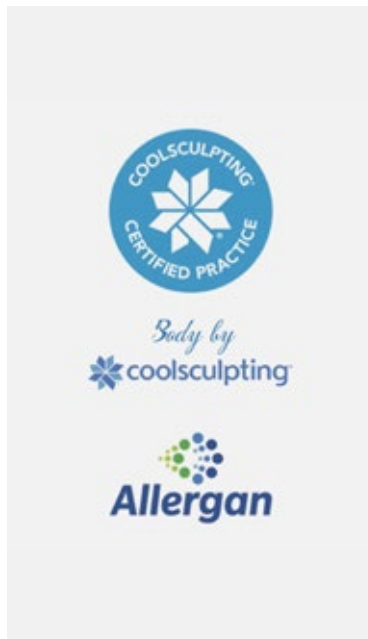
Download the **Signal Health Wellness app** today and get instant access to your wellness program.



SERVICES

BODY WELLNESS BY COOLSCULPTING

RESHAPE YOUR BODY



COOLSCULPTING® NATURAL WAY TO LOSE FAT FOR TARGETED AREAS

The CoolSculpting fat-freezing procedure is the only FDA-cleared, *non-surgical fat-reduction treatment that uses controlled cooling to reduce stubborn fat that resists all efforts through diet and exercise.

- FDA-CLEARED
- NON-SURGICAL
- FAT REDUCTION
- NON-INVASIVE
- NON-ANESTHESIA
- LITTLE IF ANY DOWNTIME FOR RECOVERY



LOOK FOR LOSING WEIGHT

For more info: www.bodybycs.com



INDIANA : 800-260-6145
NEVADA : 702-843-0579



info@signalhg.com



www.signalhg.com